



ALSO® Instructor COURSE

Use your passion for safe, equitable obstetric care to train others when you become an ALSO Approved Instructor. Learn how to guide medical colleagues through an ALSO® course to provide essential lifesaving care during pregnancy-related emergencies.

The ALSO Instructor Course is designed to teach individuals with a current ALSO status the skills and knowledge needed to effectively facilitate lectures and workstations at an ALSO course. Successful completion of this course, as well as evaluation and recommendation by an advisory faculty member, is required to become an ALSO approved instructor.

Participants attending an ALSO course learn practical, standardized and team-based approaches to managing emergency situations, such as postpartum hemorrhage, shoulder dystocia, breech delivery, cord prolapse and maternal resuscitation.

Although labor and delivery room emergency care is the focus of the program, the ALSO curriculum further addresses preventive care and practice concerns, such as medical complications of pregnancy, preterm labor, labor dystocia, trauma and helping parents cope with a birth crisis.

OVERALL COURSE OBJECTIVES

1. Discuss educational tools that can be used when giving feedback to ALSO® course participants.
2. Describe how to assist participants in dealing with questions and conflicts that can occur during the workstations.
3. Demonstrate teaching capabilities by providing hands-on role-play utilizing maternal-fetal manikins along with timely feedback in order to adapt teaching methods to various situations.
4. Demonstrate the ability to facilitate group discussion, as well as consider ways to implement faculty and learner feedback to enhance the educational experience. (SRD)

CME & CNE INFORMATION

The AAFP has reviewed ALSO Provider Course and deemed it acceptable for up to 8.00 Live AAFP Prescribed credits. Term of Approval is from 11/5/2026 to 11/5/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Family Physicians is approved as a Provider of continuing nursing education by the Kansas

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State Board of Nursing. This course offering is approved for 9.60 contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing Provider number: LT0278-0312. This is an advanced level course and may not be suitable for all general continuing nursing education.

AAFP Prescribed credit is accepted by the following organizations/physician licensing boards. This acceptance is confirmed each year, though no written agreement exists. Participants should contact these organizations directly to find out how to report credit:

American Academy of Physician Assistants (AAPA)
National Commission on Certification of Physician Assistants (NCCPA)
American Nurses Credentialing Center (ANCC)
American Academy of Nurse Practitioners Certification Board (AANPCB)
American Association of Medical Assistants (AAMA)
American Board of Family Medicine (ABFM)
American Board of Emergency Medicine (ABEM)
American Board of Preventative Medicine (ABPM)

MAINTENANCE OF CERTIFICATION

During each 3-year status period, teach in at least two ALSO or BLSO courses and complete each ALSO Online Course edition. New editions are released every three years. If requirements are not met by the status expiration date, the status will expire. If this occurs, the status of life cycle will begin again with the individual attending an ALSO course and ALSO Instructor Course necessary to regain the AI status.

ALSO Instructor Course

**Thursday, November 5, 2026 &
Friday, November 6, 2026
7:45 am – 4:00 pm**

Merritt Center, Marshall, MN

For more information on
Advanced Life Support in
Obstetrics (ALSO),
please visit www.aafp.org/ALSO

AFTER THE LIVE COURSE

Furthermore, upon successful completion of this activity, learners will earn ALSO instructor candidate status. The next steps to become an approved instructor are to teach at an ALSO or BLSO course within one year of the Instructor Course date, while an advisory faculty observes and completes the instructor candidate evaluation. If recommended for approved instructor, the status will update in the learner's AAFP account.

The ALSO Course Sponsor is responsible for submitting the post-course Dashboard within one week after the Live course. After this submission, the **Learners will receive an email with a link which will direct them to their AAFP Account where they will find their Letter of Participation and Wallet Card. Only Learners who successfully complete both the online and the live portion of the course will receive ALSO Provider Status and a wallet card stating the status and expiration date.**

COURSE CONTACT INFORMATION

Course Director: Dr. Hilary Kerrick

Course Coordinator: Alyssa Christianson
Email Address: achristianson@medi-sota.org
Phone Number: 507-828-0858

COURSE FEES:

MEDI-SOTA MEMBER: \$450

NON-MEMBER: \$700

This course fee includes tuition, syllabus, and materials. No refunds are available for failure to complete the online content review and examination. There are no cancellations or refunds for this course.

Contact Alyssa Christianson to register at
Achristianson@medi-sota.org

COURSE DISCLAIMER

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the Instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury, or other damages, resulting to any individual attending this course and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician, or any other person.

Every effort has been made to ensure the accuracy of the data presented at this course. Clinicians may care to check specific details, such as drug doses and contraindications, etc., in standard sources prior to clinical application.